

Retreat - Sample Menu Items				
Breakfast	Pancakes with Syrup, Bacon, Orange Juice, Water, Cereal and Milk	Biscuit and Gravy, Sausage Patty, Apple Juice, Water, Cereal and Milk	Breakfast Sandwich (Biscuit, Egg, Sausage, Cheese) Hashbrown /Ketchup Cereal/Milk Orange Juice	Breakfast Casserole Cinnamon Roll Cereal/Milk Apple Juice
Lunch	BBQ Pork, Buns, Tater Tots, Sugar Cookie, Salad Bar, Orange Drink, Water	Turkey/Swiss/Wrap Lettuce/Tomato Mustard/Mayo, French Fries, Salad Bar, Sugar Cookie, Grape Drink	Hot Chicken Sandwich on Sourdough, Cheddar, Lettuce, Tomato, Sweet Potato Puffs, Salad Bar, Cookie, Water, Tea	Pizza (Cheese & Pepperoni) Corn Nugget, Salad Bar Cookie, Fruit Punch
Dinner	Turkey Burger/ Bun Lettuce/Tomato Ketchup/Mustard/ Mayo, Sweet Potato Tots, Salad Bar, Chocolate Cake, Orange Drink	Chicken Tenders BBQ/Honey Mustard Sauce, Mac and Cheese, Green Beans, Salad Bar, Yellow Cake, Lemonade	Penne Pasta Marinara Sauce/Chicken Broccoli, Cheddar Biscuits, Salad Bar, Peach Crisp, Orange Drink	Roasted Sliced Chicken with Gravy, Mashed Potatoes, Green Beans, Brownie, Grape Drink, Water, Salad Bar