



**Camp Wesley Woods Care Package
for Campers Missing Out on Summer 2020
(CWWCPFCMOOS2020 for short)**

A group of camp staff & volunteers put this care package together for you!

We are so sorry that COVID-19 came along & took your summer away. We miss you & look forward to the day we can all be together at camp again. We've tried our best to stuff the essence of camp into this little 6x9" envelope.

Know we prayed for you specifically as we made your Care Package.

We'd love to hear back from you & see you enjoying your Care Package on Social Media!

Directions: Start with the introduction on the next page and get ready for five days of camp fun!

We've included a small piece of camp here - it's in one of the ziplock bags. It's an authentic piece of camp, specially collected, cleaned & painted just for you. If you've played, "For Whom the Bell Tolls", it'll be familiar.

This is to remind you that you are one of the pieces that makes up our camp family. Right now we are scattered all over the globe, but we are still together as a part of the CWW Camp Family, God's Family & God's people here on Earth. This week we are going to study the Fruits of the Spirit all together, several hundreds of us. We love you & miss you & are excited to be able to do something together, even if it's far away.

If you want to email, or message us, please do. You can email camp@campwesleywoods.com or message Camp Wesley Woods on Facebook or Instagram.

It would make our summer to hear from you & see you post parts of your care package & tag camp!

Things you will need to complete activities in this Care Package*:

*Adult Permission is required for all components. Please modify it as reasonable for your location.

For all days you will need: Bible, Pen, Notebook, Clothes that can get Dirty & be humming camp songs in your head. Here are the other materials you will need for each day:

Day 1: campfire or flashlight.

Day 2: materials to make a campfire & materials to make camper stew, as listed in this booklet.

Day 3: cardboard & duct tape, sink or container of water.

Day 4: nothing extra for this day!

Day 5: Small pebbles/bingo markers, access to outdoors, matches/lighter.

We have provided a Rec Time Playlist that you can listen to found on the CARE PACKAGE section of our website. You can access this by going to campwesleywoods.com and clicking on **Special 2020 Programs**.

Day 1: Opening Campfire

If you have a fire ring / fire pit / fireplace we encourage you to have a campfire as you read the following story. (If you don't have one, that's OK, you can use a flashlight pointing at the ceiling or check our website in the Special 2020 Programs section for a digital fire.) Please read the following Campfire Story:

One day a man was walking along the beach when he noticed a boy picking something up and gently throwing it into the ocean.

Approaching the boy, he asked, "What are you doing?"

The youth replied, "Throwing starfish back into the ocean. The surf is up and the tide is going out. If I don't throw them back, they'll die."

"Son," the man said, "don't you realize there are miles and miles of beach and hundreds of starfish? You can't make a difference!"

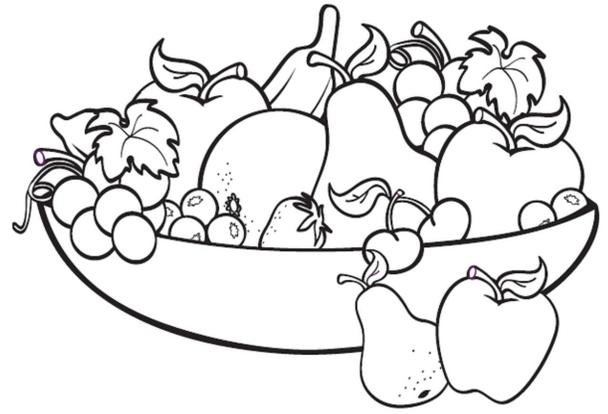
After listening politely, the boy bent down, picked up another starfish, and threw it back into the surf. Then, smiling at the man, he said..." I made a difference for that one."

Adapted from The Star Thrower, by Loren Eiseley (1907-1977)

Take a moment now to think about the hundreds of campers, just like you, that are reading this campfire story. Right now, you are the starfish. We, the staff at camp, hope to make a difference in your summer. Now it's your turn. Who can you reach out to? Who will be your starfish?

Day 1 Devotional: Fruit of the Spirit & Love

As you consider where God is calling you to make a difference let's look at how we, as followers of Jesus, are empowered by the Holy Spirit (part of the Trinity) to do His work. We will grow in specific areas that are listed in the Bible, let's look at these:



Galatians 5: 22-23 reads, "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law."

As we learn more about Jesus and grow closer to him, our words, thoughts, and actions will be changed. This change is not from us, but is produced by the Holy Spirit working in us. The Spirit will give us these fruit that allow us to be more Christ-like and make a difference in other people's lives.

You must be wondering why they are called fruit. These are not fruit that you would find in your kitchen, like a banana, apple, or strawberry! All of these fruit are very good to have and the Spirit wants to give them to us. And just like the fruit that we eat, the Fruit of the Spirit takes time to grow and happens over time as we read the Bible, pray to God, worship in church, and talk with other believers. When someone shows these fruit, we can recognize that the Holy Spirit is working in their life.

Isn't it amazing that as the Holy Spirit is working through our lives, it reaches out and changes other people's lives. When you show love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control, you are showing God to others!

Love

The first Fruit of the Spirit we will learn about is love. Think of someone who loves you no matter what. You can make mistakes or say the wrong thing, but they still love you. Maybe you are thinking of your parents, your friend, or your sibling. But don't forget that God loves you too! No matter what. Even though you might not think it is possible, God loves you more than your parents, friends, siblings, or anyone else you just thought of! In Romans 8:38-39, it says that nothing can separate us from the love of God. That means that no matter what we do or say God will still love us!

How does that make you feel that God loves you no matter what?

In John 15:12, Jesus says, "My command is this: Love each other as I have loved you." If God loves us so much and we appreciate that feeling of being loved even when we don't deserve it, we should show that love to others. Even if they don't deserve it! That is really hard, but that's what God wants us to do. You can do small acts everyday to show love, such as complimenting someone on their hair style, letting someone borrow a pencil at school, asking someone to play basketball with you, etc. Just like in our campfire story, the boy showed love to each starfish as he threw them back in the ocean. It made a difference to those starfish. You can make a difference to other people if you show them love each day.

What are some ways that you can show love to others?

Day 2 Activity: Fire Building

Campfires are an essential part of camp. They are great for cooking, making S'mores, telling stories, and more! But campfires can also be dangerous, so it's important to know how to build a fire safely.

1. Ask an adult's permission to build a fire and ask for their help.
2. Find an open space outside where you can build a fire (some areas require a permit). Make sure you're not close to any trees, powerlines, buildings, or anything else that could accidentally catch fire.
3. Gather firewood. In many areas you may be able to gather firewood from the ground. You want to make sure you are gathering dead wood that can be easily carried, larger wood won't be necessary for your campfire. Make sure you look out for poison ivy, animals, and bugs. If you can't gather firewood where you are, you can buy firewood at the store. There are three sizes of wood you'll want to gather for your fire:

Tinder is the smallest type of fuel you'll need for your fire. This can be gathered from nature: pine needles, smallest bits of Hemlock branches, or other small, dry wood. Tinder can be lit with a match or lighter. Lint from your dryer, your jeans pocket or even your belly button can make excellent tinder.

Kindling is the middle type of fuel. This will be larger than Tinder but still pretty small. Kindling should be easy to light once your Tinder is lit. This will be small sticks or larger shavings of wood, usually around the size of a pencil or your finger, but not bigger than this.

Firewood is the largest fuel you will be using on your campfire. This should be large enough to keep your fire going but still easy to carry and place on the fire.

You need **Water** / source for safety and completely extinguishing fire after you are done.

You will also need **matches or a lighter** to start the fire. Make sure you ask an adult to help you with these.

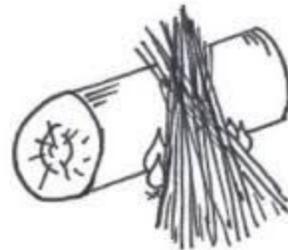
4. Build your fire. There are three main types of fires:



Tepee



Log Cabin



Lean to

Any of these three types of fires will work. Or you can make up your own structure for your fire! Build your structure following the included pictures leaving space for air to enter. You want your Firewood on the outside, Kindling on the inside, and Tinder at the middle and bottom of your fire. This will allow the smaller wood to burn and catch the larger wood on fire.

5. Light your fire. With an adult's help, using the matches or lighter, try to light your Tinder. This might take a few tries so be patient! Once the Tinder is lit and your Kindling is starting to burn, you can gently blow on the fire at the bottom to help it burn. If you blow too hard or too early, the flame will go out! You might need to add more Tinder or Kindling. Once your Firewood starts to burn you can sit back and enjoy it!
6. Extinguish your fire. When you are done using your campfire, you will need to extinguish it. You can use buckets of water or a hose to ensure that the fire is put out. You may need to turn over some of the larger logs to make sure they are completely extinguished (get an adult's help for this!) Once the coals are completely cool, your fire is extinguished!

For more information look for a video on the Special 2020 Programs section of our website!

Day 2 Activity: Camper's Stew Recipe

Camper's Stew is a classic campfire meal and a favorite at Camp Wesley Woods. One of the best things about Camper's Stew is that everyone gets to make their own packet, so you can put whatever you want in it and leave out what you don't want! This can be made over a campfire or even in the oven. All the ingredients are optional, depending on what you want in your meal; You can also add other vegetables if you'd like.

Ingredients:

Carrots - Sliced	Butter
Potatoes - Cubed (precooked)	Salt
Onions - Diced	Pepper
Tomatoes - Diced	Mrs. Dash Original Blend or similar
Hamburger meat (precooked)	Aluminum Foil
Shredded Cheese	

Directions:

1. Prepare your aluminum foil packet. You will pull off a strip of aluminum foil large enough to be folded in half with your food inside. Lay the foil flat and coat completely with a thin layer of butter. This will keep your food from sticking to the foil!
2. Add your ingredients! Add a small amount of carrots, potatoes, onions, tomatoes, and hamburger meat. Leave out what you don't want and add anything additional. Add seasoning.
3. Fold your packet. Fold your packet up so the food is completely surrounded by aluminum foil. If there are tears or holes, your food might fall out while cooking! You might want to fold it into a unique shape so you can tell which packet is yours while they are cooking.
4. Cook! Place your Camper's Stew packet on the fire (it will cook the best on hot coals, not actual flames) or place it in the oven (preheated to 375°F). Depending on how hot the fire is, cook about 20 minutes, flipping halfway through. Pre Cooking the hamburger meat and potatoes will make this process faster. You should hear your packet sizzling as it cooks!
5. Enjoy! Once your packet is done cooking, remove it from the fire or oven. Remember it will be hot! Set it to the side and let it cool for a few minutes then you can open up the packet. If it's not done, you can fold your packet back up and put it back in the oven or fire. If it is done then eat from the foil, pour into a bowl, or pour onto a plate! Add cheese and season to taste then enjoy!

Day 2 Activity: God's eyes

Today we are going to be making God's Eyes. We love this craft at camp and what it represents. In your packet, you will find a bag labeled "God's Eyes". When you open this bag you will find the story of the God's Eye, instructions on how to make your own, and all the materials needed. There is also an instructional video located on our Facebook page or our website under Special 2020 Programs!

Day 2 Devotional: Joy & Peace

Joy

Our next Fruit of the Spirit is joy. Joy is different from being happy. Joy does not go away when you are sad or angry. It's having pleasure or being content on the inside even when things aren't going great. Joy must come from God, we can't be joyful on our own. In Psalm 16: 11, it says, "You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand." This verse shows us that it is only in God's presence that we may have joy and eternal pleasures. We may find happiness in the things of this world, but we only find joy that does not go away in God.

What makes you happy? Maybe when you were making your God's eye today, or maybe when you finally got your campfire lit!

What makes you joyful? Maybe it is knowing that you will always have a friend in Jesus, or maybe it is knowing that Jesus died on the cross to save you!

In Acts 13: 49, 52, it reads, "The word of the Lord spread through the whole region. And the disciples were filled with joy and the Holy Spirit." During this time, Paul and Barnabas were asked by God to spread the good news of Jesus' love. They traveled and ministered to people all over to make sure they understood the joy that could only be found in Jesus. The disciples were joyful that the good news about Jesus was spreading to other people.

We, as Christians, want to tell others about Jesus' love for us. We challenge you to tell someone about the love of Jesus and feel the joy that the disciples did. You don't have to travel the world like the disciples did, but you can tell your friends and family right where you are.

Peace

When you think of peace, what do you think of? Maybe you think of no fighting or arguing, and everyone getting along. That is right, but the peace that comes from God is a little different. In John 14:27, it says, "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." The peace that comes through the Holy Spirit is unlike the peace that comes from the world. This kind of peace comes when we get to know God really well. Maybe we read our Bible, pray to God, ask questions about God, etc. When we start to understand more of who God is, it comes with understanding how much He loves us, forgives us, and takes care of us. This gives us a sense of peace on the inside that everything will be okay and that can take away our fears.

In Philippians 4: 6-7, it says, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." When we are worried or anxious about something, God asks us to tell Him about these things in prayer. When we pray, God will give us peace.

What has been worrying you recently? Can you tell God about these things and allow Him to give you peace?

Day 3 Activity: Riddles

At Camp, there are lots of games or riddles where you must figure out the “rule” or pattern to the game. We’re going to let you in on a secret so you can play this game with your family or friends! Try to give them clues to figure it out before giving away the answer.



Green Glass Door

One of the riddles we say is Green Glass Door. Say, for example, “I can take grass through my Green Glass Door but not hay.” or “I can take trees through my Green Glass Door but not leaves.” The answer is below. Only read the text that is upside down if you want to know the answer!

You can only take things through the Green Glass Door that have double letters in them; like woods, coffee, apples, or kittens, but never tea unless it is peppermint.

Let your friends or family try to guess what they can take through the Green Glass Door. You know the answer, so you can tell them if they are right or need to try again!

Frying Pan

Another riddle that we do is called Frying Pan. This riddle is better for a group of people. Say, “In my frying pan I have _____, _____, and _____. Who is in my frying pan?” Name three random objects to put in your frying pan! The answer is below. Only read the text that is upside down if you want to know the answer!

The first person to talk after you list the items is the one who is in your frying pan.

Let your friends and family guess who is in your frying pan! You can throw them off is to put things in your frying pan that people are wearing or items that are near them.

Stick Counting Game

You will need small random items from your house, such as chopsticks, marbles, sticks from outside, pencils, etc. It is important for this game that everyone who is playing can see your hands. You can play with one person or a group of people. Tell them that you learned a new way of counting on a tropical island you visited. They only have numbers 0 through 10 and the people playing must now figure out how they count. Take your items and lay them out in any configuration that you wish. Let the group guess what number they think it is. Continue through the process until the people that are playing figure out the key to the problem. The answer is below. Only read the text that is upside down if you want to know the answer!

holding out your fingers.

The random items are only a distraction. On the floor, table, or wherever you are playing this game, subtly hold out the number of your fingers you need to make the number you want. For example if you want the number 5 you can put out 3 fingers in one hand and 2 on the other. The trick is to make it look natural and not obvious that you are intentionally



Day 3 Activity: How to Make a Cardboard Boat

Materials:

- Cardboard
- Duct Tape
- Scissors

1. Find the cardboard that you want to use (we used part of a cereal box)
2. Use the template below and draw the shapes onto your cardboard
3. Cut out the pieces of cardboard in the pattern that you drew
4. Tape the long ends of A & B together to make the sides of the boat
5. Position the sides of the boat (A&B) on top of the bottom of the boat (C)
6. Tape along the sides to connect the sides and bottom of the boat.



Afterwards, test out your boat and let us know how many rocks you can put inside until it sinks, our best was 3. You can make your boat larger or smaller depending on how large you cut your pieces. Use this picture as a guide, but the actual size is up to you! In case you are wanting to learn more about piloting your canoe or how to impress people with your paddling knowledge check out the link on the Special 2020 Programs section of our website for all things paddle and keep an eye out for canoe courses that we'll be offering this summer!

Day 3 Devotional: Patience & Kindness

Patience

The next fruit we will discuss is patience. Patience is sometimes very hard to have. It can be hard to wait in a long line at an amusement park, wait for your food to come at a restaurant, or wait to open a package you received. Or maybe you had to have patience when you made your cardboard boats today! God wants us to have patience during these times.

How can you have more patience during these situations when you have to wait or can't figure something out?

Also, God wants us to be patient for answers to our prayers. In 2 Peter 3: 8-9, it says, "But do not forget this one thing, dear friends: With the Lord a day is like a thousand years, and a thousand years are like a day. The Lord is not slow in keeping his promise, as some understand slowness. Instead, he is patient with you, not wanting anyone to perish, but everyone to come to repentance." We do not have to be patient with God because He is slow. God is not slow, as we think about being slow. Instead, God has His own timing and His own plan for our lives. If we ask God for something in our lives, it may not happen overnight. It may take weeks, months, or even years for that prayer to be answered. He asks us to be patient because He knows the world and our lives more than we do.

Are there any prayers that you have not received an answer on? How can you have more patience with God?

Kindness

Kindness is the next fruit we will learn about. In Ephesians 4:32, it says, "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." We are all aware that we should be kind to others, but sometimes that is really hard to do. It is not easy to be kind to someone that is mean to you, someone you don't know well, or someone that believes differently than you. But God wants us to be kind to everyone.

Is there someone in your life that you should be kinder to?

God may nudge you to be kind to someone that really needs it and we may not even be aware of it. Maybe you will say something nice to someone who is having a bad day and it will cheer them up. In Proverbs 12:25, it says, "Anxiety weighs down the heart, but a kind word cheers it up." Our kind words have power to cheer people up and change their hearts. We need to be aware of the words that we use because they have power.

What are some kind words you could say to others?

Think back to earlier today when you were saying the riddles with someone. What type of words did you use when they got the answer wrong or when they got confused? Did you laugh at them and make fun of them? Or did you use nice words and encourage them to try again? Remember that our words have power to change how someone feels about themselves.

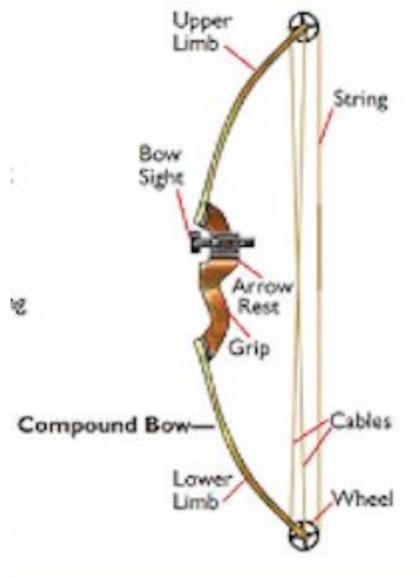
Day 4 Activity: Learning about Bows

Have you done archery at camp? Maybe you have held a bow and shot the arrow but didn't know the different parts. Bows have been around for thousands of years and all throughout history they have taken all different shapes and sizes.

More recently, one of the go-to bow shapes is the compound bow. **Why is it called a "compound" bow?** Because the tension on the **bowstring** is compounded (multiplied) by its pulleys. As opposed to a "simple" **bow** which has none. A **compound bow** uses a series of cables and pulleys to provide a mechanical advantage which means it takes less energy to hold the **bow** taunt. At camp we use modified compound bows.

The main part of the bow is known as the **Riser**, the riser holds most of the bow together, it is where all the other parts of the bow branch off.

On the riser is the **Grip**, this is where we put our hand in order to hold the bow, and right above the grip is the arrow rest, that is where we place the arrow while we are pulling back the string in order to launch it.



The next part is the upper and lower **Limbs**, whenever the bow is being used that is where all the tension is held. These are connected to the riser by **Limb Pockets**.

At the end of each limb away from the riser is the **Cam** and the **Wheel**. The cam is connected to the bottom limb and allows for the string to stretch in order to be pulled back. The wheel is connected to the upper limb and allows the string to not be so tight that it breaks.

The final part of the bow is the **String**. The string is what allows for the arrow to be launched from the bow. It stretches and returns to its original shape. On most bows the string has a secondary part known as the **Nock**. The nock is where the arrow will rest on the string in order to help it fly straight.

To gain a deeper understanding on how the bow is relevant to the Gospel of Jesus, head to our website and find the video titled "Bow & Archery" on the Special 2020 Programs page.

Day 4 Activity: Finger Weaving

Friendship is an incredible gift from our God. We are so thankful for the friends we have, including you! For today's craft we are going to make a type of friendship bracelet called finger weaving. In your packet, look for the bag labeled "Finger Weaving". Inside of the bag you will find the materials needed and your instructions. There is also an instructional video located on our Facebook page and our website under Special 2020 Programs!

Day 4 Devotional: Goodness & Faithfulness

Goodness

Goodness is our next fruit. If you have been to camp in previous years, you may remember our camp staff going over the three simple rules of camp. The rules are: Do no harm, Do good, and Stay in love with God. What you may not know is these rules actually come from John Wesley, the founder of the United Methodist denomination. Even John Wesley emphasized the need to show goodness in his second rule. In order to do good, it is more than doing bad, but it is taking the extra step of doing good in every action we take. You could go out of your way to make someone smile, conserve water by taking shorter showers, or donate clothing to those in need. And now that you know how to finger weave, we challenge you to give your bracelet or make another one for someone as a way to show goodness to them.

How else can you do good this week?

God created us to do good, but that doesn't always mean it will be easy. Doing good may be difficult and challenging because sometimes doing good means putting someone or something else above your own wants and desires. This could look like giving something to someone when we actually want it ourselves, forgiving someone when they don't deserve it, sacrificing time, energy, or money helping someone else. But in Galatians 6:9 says, "And let us not grow weary of doing good, for in due season we will reap, if we do not give up." Keep doing good, even when it is difficult, for it pleases God. It will be rewarding for us.

Faithfulness

Faithfulness is a biblical word describing those who keep their promises. God shows His faithfulness throughout the Bible. God does not forget His promises. He keeps His Word. When He makes a promise, He will deliver. Many of the Psalms highlight God's faithfulness, such as Psalm 86:15 when it says, "But you, Lord, are a compassionate and gracious God, slow to anger, abounding in love and faithfulness." We can rely on God to be faithful and keep His promises.

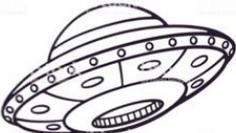
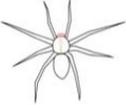
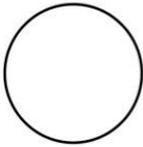
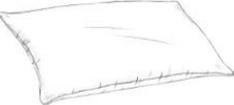
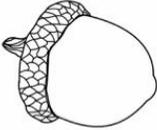
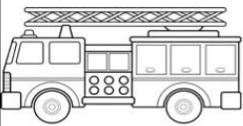
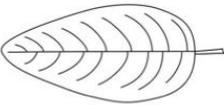
Do you know a time in the Bible when God made a promise and kept it?

God calls to us to show faithfulness as well. In Proverbs 3:3, it says, "Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart." God emphasized faithfulness by using a metaphor telling us to physically attach it to our necks and heart. In this way, faithfulness becomes a part of who we are. We can show faithfulness by doing things like keeping your promises, being a loyal friend, being trustworthy, doing the things you said you would do.

Can you think of other ways to show you are faithful?

Day 5 Activity: Nature Bingo

At camp, we think it is so important to spend time in nature. We love to experience the beauty of God's creation when we go on hikes, swim in the river, or look at the animals that live in the creek. Maybe you live in the city or out on a farm, either way we hope that you still prioritize spending time in God's creation. Here is a Nature Bingo for when you are out in nature! Place something to mark the things that you find, such as a small pebble or a bingo marker.

<h1>Nature Bingo</h1>				
 Something Green	A flower 	 A plant with pointy leaves	Something wet 	 Something Yellow
Animal tracks 	 Something Square	Something Hard 	 Something Triangular	An animal house 
 Something that can climb	Something Alive 	Free Space	Something White 	 Something that Flies
Something with more than 4 legs 	 Something Round	Something Soft 	 Something Flat	Some kind of seed 
 Something Red	Something You Can Bend 	 A plant with round leaves	A four leaf clover 	 Something Brown

Day 5 Activity: Skit Night!

Everyone loves Skit Night! All the groups at camp create a skit to perform to the rest of the camp. Groups can decide to write their own skit or they can choose to act out a classic camp skit that has been performed at camp for years. Here is one of our favorites that is performed. You can read through it yourself or get your friends and family to read and act it with you. Feel free to use what is provided or be creative and make up your own!

This skit is called the Bubblegum Skit.

What's needed:

2+ people

Chair/something to sit on

Willingness to have fun!

Person 1 walks out to the chair, while pretending to chew gum. They take the gum out of their mouth, and place it on the back of the chair. You can decide where you want it to go on the chair! After the gum is placed, walk off of the scene.

Person 2 walks out to the chair, leans his hand on the back, finds the gum on his hand, and totally disgusted wipes it on the seat of the chair and walks off.

Person 3 walks up to the chair and sits down. He realizes with great disgust that the gum is stuck to his bum. Disgusted, he peels it off, throws it to the ground, and walks off.

Person 4 walks out to the chair, then realizes he's got gum stuck to his shoe. With great disgust he peels it off, sticks it to the back of the chair, and walks off.

Person 1 comes back, walks up to the chair, peels it off, sticks it in his mouth and walks on.

Day 5 Activity: Gimp Keychains

For today's craft, we will be making gimp keychains. We want this to serve as a reminder to you that we are connected no matter how far apart we may be. Colossians 2:2 says, "I want them to be encouraged and knit together by strong ties of love. I want them to have complete confidence that they understand God's mysterious plan, which is Christ himself." Let this keychain serve as a reminder of God's love for you and His plan for your life.

Day 5 Devotional: Gentleness & Self-Control

Gentleness

Gentleness, the next Fruit of the Spirit, is often not understood. Sometimes people think that if you are gentle, that means that you are weak. Let's read about how the Bible describes gentleness. In 2 Samuel 22:36, it says, "You have also given me the shield of Your salvation; Your gentleness has made me great." This verse is from a song that David sang after God delivered Him from his enemies. In this song, we see how powerful God is in defeating David's enemies. So why is God described as gentle? Can God be gentle and powerful at the same time? Describing God as gentle does not mean He is not powerful. It does not mean that He is weak. David faced a lot of dangers in his life, but God was always there, caring, protecting, and guiding him. When David says God's gentleness made him great, he is referring to God's constant care over his life.

Have you ever held a newborn baby? With babies, it is important that you are gentle when you are handling them. It shows that you are caring for them and protecting them from potentially hurting them. God showed his type of care to David and to us. And God calls us to show gentleness to others in Philippians 4:5, "Let your gentleness be evident to all." Gentleness means for us to be caring and compassionate towards others. How can you show gentleness to the people in your life?

Also, consider how important it is to show gentleness to God's creation. When you were doing your Nature Bingo today, did you show gentleness to the plants, the animals, and other living creatures that you saw. Why is it important to show gentleness to nature?

Self-control

The last fruit we will learn about is self-control, which is a very important one. Self-control means to be in control of what we say and do. To be able to love the way God wants we have to be in control of the things we do. When your brother or sister annoys you, sometimes you may get the urge to yell at them or even hit them. But we have to control those urges. We know we can't do whatever we feel like. In James 1:19, it says, "My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry." To prevent yourself from sinning, such as yelling or hitting your sibling from the example above, it is important to show self-control by slowing down and thinking about what is the best thing to do or say in that situation. Can you think of a situation where you could have shown more self-control?

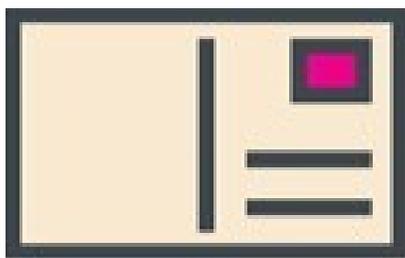
In Proverbs 25:28, it says "Like a city whose walls are broken though is a person who lacks self-control." In Biblical times, they built walls around their cities to protect themselves from enemies. This verse is saying that when you lose self-control, it is like your walls have been broken down. Imagine the walls of a city broken down, it would be easier for enemies to come into their cities and attack them. In the same way, when you lose self-control, it is easier for you to be tempted by sin. Self-control acts as your wall of protection against sin.

Let's put Gentleness and Self-Control into practice by lighting our **Vespers Candles!** Maybe invite your family to get candles and explain to them what we do at camp Vespers. If you can have a campfire, start it with the vespers fire stick piece we've included in the special Vesper's bag. Make sure to say....

Remember, "these are real candles and this is real fire, and if you're not careful, you could really get burned." As you light your candle, please think of what God has taught you this week, and how much you are loved, say a prayer, thank God for your Camp Care Package, and blow out your candle when you are done.

Postcard

We'd love for you to write us a postcard (provided in your packet) and share what you've been doing this summer or what your favorite part of this kit was! We'd love to receive your postcard to share with others and keep the camp community united while we aren't physically together. If you have questions about one of the activities, or want more information, please email or write to us! camp@campwesleywoods.com



People who helped make this Care Package for you, who would love to hear from you:

Jason Berghorn - *Nature Nut*
Kayla Berghorn - *Trivia Tsar*
Caroline Bradshaw - *Adventure Agent*
Edmund Hoyle - *Boat Builder*
Patrice Lea - *Extraordinary Editor*
Eva Pray - *Devotions Diva*

Sarah Metcalf - *Gimp Guru*
Gary Milton - *Valiant Volunteer Coordinator*
High School Volunteers - *Amazing Assemblers*
Tony Lea - *Fundraising Fanatic*
CWW Board - *Postage Funding Friends*

Don't forget to sing the Rhododendron Song after dinner!

I WANT TO WAKE UP IN THE MORNING
WHERE THE RHODODENDRONS GROW.
WHERE THE SUN COMES A' CREEPIN'
INTO WHERE I'M SLEEPIN'
AND THE SONGBIRDS SING "HELLO".

I WANT TO WANDER THROUGH THE WILDWOOD
WHERE FRAGRANT BREEZES BLOW,
AND DRIFT BACK TO WESLEY WOODS,
WHERE THE RHODODENDRONS GROW.

I WANT TO CLIMB UP IN THE MOUNTAINS
WHERE THE RHODODENDRONS GROW.
WHERE THE LORD IS SO NEAR ME
WHEN I BREATHE GOD CAN HEAR ME,
AND THE WHOLE WORLD SINGS "BELOW".

I WANT TO LAY DOWN ALL MY BURDENS
AND FORGET MY WORLDLY WOES
AND STAY HERE AT WESLEY WOODS
WHERE THE RHODODENDRONS GROW.